



Vivienne Hay

Understanding Autism and Neurodiversity

Sunday, May 31 · 9:00 am

- 9:00** Coffee, light breakfast, and socializing
- 9:30** Program begins (in person and on Zoom)
- 10:15** Questions and discussion
- 10:50** Adjourn for the 11:00 worship service

We'll explore what neurodiversity means, how Autism fits within that framework, and what it's like to navigate an Allistic-dominated world as an Autistic person. Topics include common Autistic strengths and challenges, masking and burnout, late diagnosis, and ways you can respond when someone shares their identity / diagnosis with you.

Vivienne Hay is an Autistic disability rights advocate, and a member of UUSF. A research intern at UC Berkeley and occasional facilitator for the Bay Area Autism Collective, they bring both personal and professional perspectives to this conversation.

Join in person: Thomas Starr King room at UUSF

Or, join on zoom: <https://zoom.us/j/91996794634?pwd=46EGUyaNX7WlaCnh80UbsTPFZ57o3G.1>

Meeting ID: 919 9679 4634 Passcode: 711845