



Official Press Release

Spring Renewal 2026 - SF Well-being Fair – March 21, 2026

Location: Harvey Milk Center for the Arts, SF, CA

THE EVENT ANNOUNCEMENT

Mukunda Studio presents the **14th seasonal SF Well-being Fair** (SF WBF) on March 21, 2026, from 12noon-5pm. The SF WBF will return to the **Harvey Milk Center for the Arts** where it has been regularly hosted since our Autumn 2024 fair. We're excited to continue our event that began in December 2022 at Mukunda Studio. Learn more at: <https://sfwellbeingfair.com/>

Event Location: Harvey Milk Center for the Arts, 50 Scott Street, Duboce Park, SF, CA. HMCA is part of the **Cultural Arts Division of the SF Recreation & Parks**. Together, we are offering an **exciting, seasonal event** for ALL to enjoy. We invite you to explore, experience, and evaluate the unique and **ever-awakening needs of individual well-being**. Be a part of the conversation to engage in the **ongoing imperative of collective well-being**.

For our Spring Renewal 2026, attendees will have the opportunity to **create their own well-being adventure**. With so many options to explore, we encourage everyone to read over the schedule on the event day to be sure to explore as much as you can. There are options to **rest, resource, and reflect with group-classes, 1:1 sessions, "Conversation Circles"**, shop at the **"Healer's Marketplace"** or receive a reading or healing session in the **"Healer's Zone"**, all while being in community. Come and go as you wish for this **FREE and open to ALL event**. Donations are welcomed at the door or during registration and will be directed towards the production and support of this event that occurs four times a year at the turn of each season.

This season's event features 20 local practitioners who are teachers, therapists, artists, activists, healers and more! With excitement and great honor, we welcome Nas Mohamed **as our Grand Host**. We actively work to assemble a diverse group who offer diverse tools for well-being.

Less commercial marketplace, more information, experiences and education.

Contact

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ABOUT THE COLLABORATORS

MUKUNDA STUDIO

Mukunda Studio is a Yoga and well-being space that opened in West SoMa, SF on March 21, 2020 by Marc Morozumi. Marc is a gay, Asian-mixed heritage, Yoga teacher originally from Cincinnati, Oh with a background in the arts and event design. Mukunda Studio offers three categories of service: 1. Yoga & Well-being classes and events 2. Community Building and 3. Studio Rentals. Our vision is to empower positive change-makers and those who value sustained well-being. We advocate for folks to develop an integrative approach to well-being and to engage our BIPOC, LGBTQ+ and ally communities to co-create a more equitable and just environment for all beings.

HARVEY MILK CENTER FOR THE ARTS

Overlooking beautiful [Duboce Park](#), the Harvey Milk Center for the (Recreational) Arts is as unique as the Civil Rights leader it was named for. Originally dedicated to the Performing Arts, the building, commonly called “Drama, Dance & Music”, was headquarters for the Performing Arts Division of the Recreation and Park Department since its construction in 1954. Duboce Park itself, has been a location for arts programming since the early 1920’s when the women volunteers of the San Francisco Urban Story League performed puppet shows and storytelling in the park for children.

SF WELL-BEING FAIR

Launched in 2022, the SF Well-being Fair is a seasonal event that occurs at the turn of each season. At the SF WBF, we are passionate about building community to support everyone’s birthright – yours/our well-being! We love creating an engaging environment where individuals can explore various aspects of wellness, from physical health to mental and spiritual growth. We gather a diverse team of practitioners who are teachers, coaches, therapists, artists and more to come together, share their wisdom and practices. Less wellness marketplace, more informational, experiential and resourceful ways to inspire one another towards a holistic approach to being well in a dynamic world of joys and sorrows. We are committed to supporting and connecting with our fellow BIPOC and LGBTQ+ communities to create greater presence, awareness, and access to wellness opportunities for our unique well-being.

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