SIX WARS OLD
SIXTEEN YEARS OF CHILDHOOD IN GAZA

LIFELONG CONDITIONS
WATER CRISIS
97% of fresh water contaminated. Lack of access to clean drinking water is a leading cause of illness and child mortality in Gaza

DEEP POVERTY
61% poverty rate / 63% food insecurity: 35% of Palestinian children under 5 at risk of not reaching their developmental potential due to chronic trauma

RIGHT TO EDUCATION
2/3 of schools in Gaza operate on double shifts due to classroom shortages

MENTAL HEALTH
95% of children in Gaza showed symptoms of anxiety, depression and trauma in one 2022 study

AGE 0
BORN A REFUGEE
I was born as one of the more than 70% of Palestinians in Gaza whose families were originally displaced during the Nakba in 1948

AGE 2
FIRST ASSAULT
I survived a 22 day attack on Gaza. Israeli forces killed 1,385 Palestinians, including 318 children

AGE 5
SECOND ASSAULT
I survived an eight day attack as Israeli forces killed 168 Palestinians in Gaza, including 35 children

AGE 7
THIRD ASSAULT
I survived fifty days of onslaught as Israeli forces killed 2,151 Palestinians in Gaza, including 556 children. Over 1,500 children were orphaned

AGE 11
GREAT RETURN MARCH
For two years, I saw my community turn out in mass to protest the blockade. Israeli forces killed 214 protesters, including 46 children, and injured 8,800 children with live ammunition, rubber bullets, and tear gas

AGE 14
FOURTH ASSAULT
I survived an eleven day attack as Israeli forces killed 230 Palestinians. Twelve of the 61 children killed were participating in a trauma recovery program

AGE 15
FIFTH ASSAULT
I survived a three day attack on Gaza. Israeli forces killed 33 Palestinians, including 9 children

AGE 16
SIXTH ASSAULT
I am experiencing acts of genocide. In 48 days, Israeli forces killed 14,854 Palestinians, including 6,150 children. Thousands of children are missing in the rubble, and doctors are using the acronym WCNSF: wounded child no surviving family

In Gaza, there is no ‘post’ [traumatic] because the trauma is repetitive and ongoing and continuous.

Samah Jabr
Chair of Mental Health Unit, Palestinian Ministry of Health

TYPES OF TRAUMA
CHRONIC TRAUMA
Prolonged, pervasive conditions such as poverty or institutionalized discrimination

INTER-GENERATIONAL TRAUMA
Psychological trauma experienced by the descendants of a person who has survived a traumatic event

ACUTE TRAUMA
An extremely distressing event

2007
DEC 2008–JAN 2009
NOV 2012
JULY 2014
MAR 2018–DEC 2019
MAY 2021
AUG 2022
OCT 2023–ONGOING

VISUALIZING PALESTINE
SOURCES bit.ly/wp-trauma
WWW.VISUALIZINGPALESTINE.ORG
@visualizingpal
Visualizing_palestine
fb.me/visualizingpalestine

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