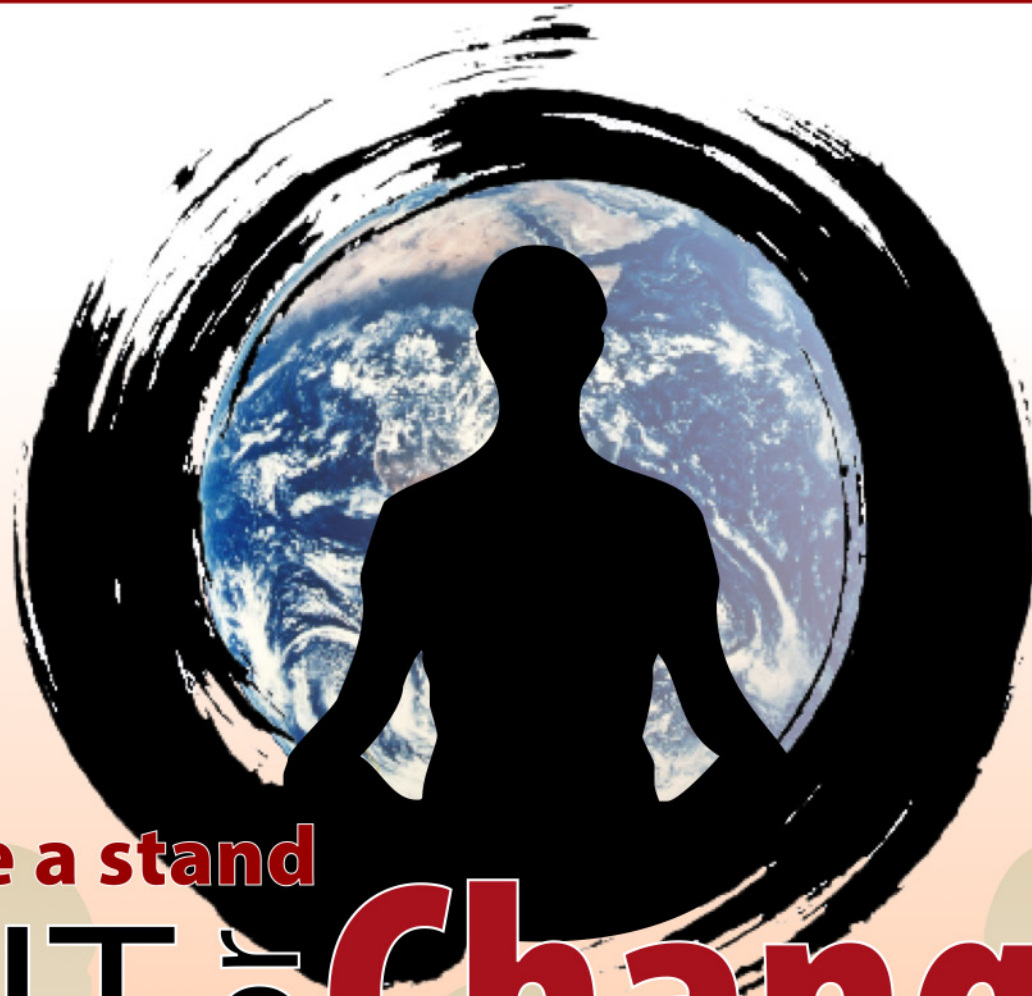


Center for Urban Peace  
presents



take a stand

# SIT for Change

1st Annual Sit-A-Thon

group meditation • music • yoga • spoken word

Proceeds benefit Transformative Change Fund

**Sunday, September 21, 2008**  
**noon - 5pm**

Registration Opens at 11am • Minute of Silence EXACTLY at noon

at **MLK Civic Center Park**  
Downtown Berkeley, corner of MLK Way & Center Street  
easily accessible by Bart & AC Transit

**All are welcome**

## Special Guests & Performances by:



Spiritual Director  
Center for Urban PEACE  
**Rev. angel Kyodo williams**



Internationally  
recognized Poet,  
Activist and Professor  
**Drew Dellinger**



Soul Singer-  
Songwriter  
**Carvell Wallace**



soulful, meditative, sublime  
**PremaSoul**



"Best of the East Bay"  
Slam Poet  
**Aya De Leon**



Yoga Instructor  
**Richelle  
Donigan**



Acoustic Guitarist  
**Taber Shadburne**



### ADA Access:

To request disability accommodations, call 510.549.FREE. At least one week's notice will ensure availability.

Call toll free 1 866.PEACE 2008 • <http://urbanpeace.org>