

V•O•CAL

Volunteers
for Outdoor
CaliforniaEast Bay
Regional Park DistrictHANDSONBAYAREA
Volunteer. Learn. Grow.BRUSHY PEAK
SEPTEMBER 13&14, 2008

ABOUT BRUSHY PEAK

Brushy Peak is a 1,702-foot landmark at the juncture of the San Francisco Bay Area, the California Delta, and the Central Valley. The peak and its environs have been recognized as sacred by generations of native Californians. Due to its geographical position, the area lies at the center of a network of ancient trade routes that linked Bay Area Ohlones, Bay Miwoks, and Northern Valley Yokuts who were drawn to the area for economic, social, and ceremonial events...Brushy Peak was first identified as a potential park by the Livermore Area Recreation and Park District (LARPD) in the 1970s, and that agency acquired 507 acres as parkland in 1994. In 1997 an agreement between LARPD and the East Bay Regional Park District pledged cooperation in the further acquisition, planning, and protection of Brushy Peak Regional Preserve.

-EBRPD

Project Data Sheet

Brushy Peak Loop

PROJECT OVERVIEW

Volunteers will create a formalized loop trail system designed to provide new public access into the Preserve. Special care has been taken to provide access while avoiding cultural and historically sensitive areas. This 1.9 miles of new 5-foot wide narrow trail will be designated as multi-use, for bicyclists, equestrians, and hikers.

The specific work will include the construction of a 2500 linear feet segment to create a loop trail in the rolling hillside of Brushy Peak. Volunteers will hand-build trail on the rocky ground segments, removing and placing rock by hand and will construct three natural stone



Whats inside:

- 2 • Driving/Parking/Schedule
- 3 • What to Bring/Hazards
- 4 • Register/Membership
- 5 • Waivers

fords across seasonal drainages to provide a stable trail surface. In the wide-open grasslands section, volunteers will use hand tools to outslope and groom a rough cut trail made by a small dozer called a Sweco. This grooming keeps water from getting trapped on the trail, allowing sheet flow of rainwater to cross the trail and run off down the hill .

As always, volunteers are encouraged to camp with us on Friday and Saturday nights so that work can begin early on Saturday and Sunday. Camping also allows you to enjoy the company of other like minded folks who work hard and enjoy a good camp out.

Camping for this project will take place at Del Valley Regional Park, a 14 mile drive from Brushy Peak. Shuttles will provide transportation between the two sites throughout the weekend.

CONTACT INFORMATION: Office: 650-298-9744

Cathy 650-346-4864 • Kevin 650-576-1651 • Chris 408-375-2338

Volunteers for Outdoor California was founded to provide a volunteer workforce for land stewardship activities on public lands, partnering with public agencies and other non-profit organizations.

VOLUNTEERS FOR OUTDOOR CALIFORNIA//615 WOODSIDE ROAD, SUITE E//REDWOOD CITY, CA 94061

www.v-o-cal.org

PROJECT LOGISTICS - DRIVING, PARKING, AND SCHEDULE

Camping will take place at Del Valley Recreation Area in order to minimize the impact on the area surrounding Brushy Peak. Shuttles will be provided throughout the weekend. Please review the following details regarding where to park and register for the project as it depends on your arrival and departure plans.

If you are camping Friday through Sunday...

You are welcome to arrive as early as 4pm on Friday and **MUST** arrive by 10pm. Please meet at **Del Valle Regional Park in the Eagles View Group Campsite**. You will set up camp, leave your car, and be shuttled to/from the worksite throughout the weekend. Food is not provided on Friday night, so please eat before arrival or bring food with you.

If you are arriving Saturday, camping and leaving Sunday...

Please meet at **Brushy Peak** by 7:30am (you will need time to register, eat a light breakfast and make your lunch). You will work for the day and then drive to **Del Valle** for dinner and camping. On Sunday, you will be shuttled to and from the campsite.

If you are arriving Saturday or Sunday (or both) and not camping...

Please meet at **Brushy Peak** by 7:30am (you will need time to register, eat a light breakfast and make your lunch). After the work day on Saturday you are welcome to go to Del Valle for evening entertainment, have a drink with you fellow trail crew members and eat dinner.

DRIVING DIRECTIONS

(carpool: v_o_cal.erideshare.com)

Please see our website for links to detailed maps.

To Brushy Peak:

From I-580 in Livermore, exit **north** at Vasco Road. Make your first right onto Northfront Road. Turn left at Laughlin Road. Follow the road to the staging/parking area at the end of Laughlin Road.

To Del Valle:

From I-580 in Livermore, exit **south** at Vasco Road. Continue until Vasco Road dead ends at Tesla and make a right. Turn left at Mines Road and continue to Del Valle Road. The entrance to the park is on the right, approximately 5 miles from Tesla Road. We are at the Eagles View Group Campsite.

SCHEDULE

Friday

4pm - Registration and camping opens at Del Valle (no dinner provided)
10pm - Gate closes at Del Valle. **No arrivals after 10pm.**

Saturday

7am - Registration, light breakfast, and lunch at **Brushy Peak**. Please arrive by 7:30. After breakfast, Shuttles take campers from Del Valle to Brushy Peak.
8am - Morning greeting, announcements and safety talk.
8:20am - Water bottle, hat and sunscreen check.
Stretching.
8:30am - Volunteers split into work crews for

introductions, tool talk and final safety tips.

8:40am - Leave trailhead to begin work day.

12:30pm - Break for lunch on trail.

2:30pm - Head back to trailhead for light refreshments.

3:30pm - Shuttles leave for Del Valle. Everyone welcome at camp for entertainment and dinner.

4pm - Drinks, appetizers and entertainment at Del Valle. Swimming, kayaking and shower available.

6:15pm - Dinner

Sunday

7am-12:30 - Similar schedule to Saturday.

1:30 - Return to trailhead for light refreshments.

2pm - Head to Del Valle to swim, pack your tent, and load the truck.

3:30pm - Say goodbye's.

MEALS

V-O-Cal provides all meals for volunteers from breakfast Saturday through lunch Sunday. Vegetarian options are available for all meals.

- **Please bring your own reusable plates, cups and utensils.** To minimize waste from our projects, we ask that you bring your own dishes. Hot water and soap are provided.
- A continental breakfast is served Saturday morning at **Brushy Peak** for new arrivals and at **Del Valle** for those who camped overnight.
- Lunch is prepared before hitting the trails. You break for lunch on the trail around 12:30.
- **Please arrive at Brushy Peak by 7:30am to register, eat breakfast and prepare your lunch.**
- After the work day, there will be light snacks at **Brushy Peak** before heading to **Del Valle** for appetizers and dinner.
- Hot breakfast is served Sunday for campers at **Del Valle**. A continental breakfast will be available at **Brushy Peak**.
- Lunch will be made before hitting the trails. You will break for lunch around 12:30pm.



CAMPING

We are camping at the Eagles View Group Camp in Del Valle Recreation Area. Please bring all necessary camping gear listed on the right. The campsite is 14 miles from Brushy Peak. Shuttles are provided. If arriving Friday, please meet at **Del Valle** between 4pm-10pm. If arriving Saturday, meet at **Brushy Peak** by 7:30am; you will be able to drive to Del Valle after the work day. **Solar showers are provided at Del Valle to clean up after the work day.**



HAZARDS

- **HEAT EXHAUSTION:** With forecasted temperatures around 90 degrees, please be prepared for warm temperatures and lots of sun. **PLEASE BRING A WATER BOTTLE OR HYDRATION PACK, LARGE-BRIMMED SUN HAT, AND SUNSCREEN.** Water will be available on the trail to refill your bottles or hydration packs.
- **SNAKES:** Watch out for snakes throughout the workday. Rattlesnakes are present at Brushy Peak. Use caution if you see one and notify your crew leader immediately.
- **TICKS:** Ticks are always a hazard so it is important to check during and after the project.
- **POISON OAK:** There is some risk of exposure to poison oak at the work site. Have your crew leader point some out to you if you don't know what it looks like. Clean with Tecnu after the workday and be cautious when handling your dirty clothes.

WHAT TO BRING AND WEAR

For your safety and protection from hazards, please be prepared with the following items:

- **Water, sun hat, and sunscreen.** Really, it will be hot with lots of sun exposure. **You will not be allowed on the trail without a water container.**
- Plates, utensils, and a cup.
- Work Gloves (if you do not have work gloves V-O-Cal can provide a pair to use).
- Sturdy shoes or boots with tread. **Working in sandals or open-toed shoes will not be permitted.**
- Day pack to carry water and lunch.
- Sunglasses.
- Insect repellent, allergy medicine, etc.
- A change of clothes for each work day and for lounging at camp to minimize the spread of poison oak.
- **IF CAMPING:** bring a tent, sleeping bag, folding chair, flashlight, and other camping gear. Also bring a change of clothes.

A special thanks to the following groups and individuals:



Project Sponsor: Tri-Valley Conservancy

Lead Cook: Laura Mercier

Outreach Support: Sean Farrell

In-Kind Project Support:

Metro Mobile Communications (Radios)

Livermore Farmers Market (Vegetables)

Other Key Supporters: BTCEB, Tilden Horsemen's Association.

In addition to your help as a volunteer, consider supporting Volunteers for Outdoor California by making a donation.

Volunteers for Outdoor California (V-O-Cal) members give the support V-O-Cal needs to get people outdoors, active and involved as environmental stewards. Your gift to V-O-Cal is tax-deductible.

Here are a few ways to sign up for membership:

- **Website:** www.v-o-cal.org sign-up online using secure system
- **Call us:** 650-298-9774
- **Email:** cmoyer@v-o-cal.org

Member Level (check one):

Basic(\$35) Sustainer(\$100) Patron(\$250)

Charter Member:

Bronze(\$500) Silver(\$750) Gold (\$1000)

Volunteers for Outdoor California is a nonprofit public charity meeting the requirements of IRS 501(c)(3) and the Public Benefit Corporation Law of the State of California.

Please make checks payable to V-O-Cal.

Many companies match contributions to non-profits. I work for _____.

Volunteers for Outdoor California
Brushy Peak, Livermore

East Bay Regional Parks District
Livermore Area Regional Parks District

VOLUNTEER PASS

September 12-14, 2008

Brushy Peak Regional Preserve
Del Valle Regional Park

V•O•CAL

Volunteers
for Outdoor
California



East Bay 
Regional Park District

REGISTRATION AND CHECK-IN

Please register online at www.v-o-cal.org. Check in at the registration table when you first arrive.

If you did not register online, please fill out this sheet and bring it with you.

First Name*

Last Name*

Email

Address

City

State/Zip Code

Home Phone

Cell Phone

Work Phone

I'm attending:

- Saturday
 Sunday

Year of birth:

(This helps us with crew assignments and project design)

If attending with a group, which group?

How did you hear about this opportunity?

Comments/Questions:

WAIVER AND RELEASE
VOLUNTEERS FOR OUTDOOR CALIFORNIA

EXCULPATORY AGREEMENT, RELEASE, ASSUMPTION OF RISK, AND INDEMNIFICATION

READ THIS DOCUMENT CAREFULLY BEFORE SIGNING. THIS DOCUMENT IS A BINDING PART OF YOUR PARTICIPATION AGREEMENT AND MAY HAVE SIGNIFICANT CONSEQUENCES.

In consideration of my being allowed to participate in the Volunteers for Outdoor California Project (the "Project") and on behalf of myself, my heirs, executors, administrators, legal representatives, assigns and successors in interest (hereinafter collectively designated as "successors"), I do hereby release and waive all rights or claims for damages, for death, bodily injury or loss of or damage to property from any cause whatsoever I may have or which may accrue to me or my successors as a result of my participation in the Project. I discharge and release Volunteers for Outdoor California, and its respective directors, employees, interns, volunteers, representatives, agents, parents, subsidiaries, and affiliates from any and all liability arising out of or connected in any way with my participation in the Project, whether or not caused by the negligence of any of the above persons or entities.

My participation in the Project is voluntary and done at my own risk. I therefore voluntarily assume all risks of loss, damage, injury or death that may be sustained while participating in the Project. In addition, I agree to hold harmless from any and all claims, damages, losses, liabilities and costs (including without limitation reasonable attorneys' fees, expert witness expenses, litigation costs, and disbursements) all the entities and persons mentioned above who otherwise might be liable to me or my successors for damages.

Notwithstanding anything stated in the foregoing paragraphs, nothing in this document shall apply to exempt any person or entity from responsibility for his, her, or its own fraud, or willful injury to the person or property of another, or violation of law whether willful or negligent.

In further consideration of my being allowed to participate in the Project, I hereby agree to indemnify, defend, and hold harmless Volunteers for Outdoor California and its respective directors, employees, interns, volunteers, representatives, agents, parents, subsidiaries, and affiliates (collectively, the Indemnified Parties) from and against any and all claims, damages, losses, liabilities and costs (including without limitation reasonable attorneys' fees, expert witness expenses, litigation costs, and disbursements) relating in any manner, directly or indirectly, in whole or in part, to: (a) any act or omission of myself; or (b) any accident involving any injury to any person or damage to property resulting from my participation in the Project, due to any cause whatsoever.

I further agree to promptly assume my defense and indemnification obligations upon written notice from any of the Indemnified Parties who may participate in the defense of any claim at their own expense. I agree not to settle any claim without the consent of Volunteers for Outdoor California or any other entity that would incur any liability for such claim under or following such settlement, which consent shall not be unreasonably withheld.

I further understand that I may be photographed while participating in a Volunteers for Outdoor California project and I hereby consent to the use and distribution of photographs and other likenesses of me on VOCal's website, or in marketing and other materials relating to Volunteers for Outdoor California's mission.

