

2007 Free Skool Santa Cruz

MARCH - MAY
SPRING

S M T W T F S

IF YOU HAVE A CLASS IDEA THAT HELPS PEOPLE GET ALONG IN THIS WORLD, PLEASE TALK TO US.
WE HAVE DREAMS OF SHARING HISTORY, NATIVE PLANT IDENTIFICATION, ORIENTEERING,
DIY HEALING/MEDICINE, JOURNALISM & WRITING, LANGUAGES, TECH SKILLS,
WILDERNESS & SURVIVAL SKILLS, SAILING & NAVIGATION, MUSIC, AND MORE.

		MAR 1		2		3	
		Intro to Bikes 8PM		Food Not Lawns 5-7:30PM		Gyanoype Noon Print-Making DANCE DANCE REVOLUTION 10!	
URBAN JEDI 10-11AM The Invasion Noon Bike Trash Noon Bike Beauty Parlor 1PM TRASH ORCHESTRA 3PM		Relationship as Koan 4-6PM Emotional Healing 6-8PM		6 Aracado Pit Carving 11AM THE WAY 4:45PM everything about meditation 6:30-8PM Vocal Voyagers 8-10PM		9 Urban Gardening 10AM Bike wheels 11AM YOYOS & JUGGLING 2PM KINDERGARTEN 2PM FREE SKOOL FOR FREE KIDS 4-4:30PM	
11 FREE FOR ALL 11-4PM The Invasion Noon Sewing by Hand 1PM Write Write Write! 6PM		12 envisioneering Santa Cruz 4-6PM Otihoohics Anonymous 7PM		13 THE WAY 4:45PM everything about meditation 6:30-8PM Vocal Voyagers 8-10PM		16 Food Not Lawns 2-6PM Waltz! 6:30PM	
18 URBAN JEDI 10-11AM TRASH ORCHESTRA 3PM beyond belief I 7PM		19 Health Pages 5PM STENCILING PARTY 7PM		21 THE WAY 4:45PM everything about meditation 6:30-8PM Vocal Voyagers 8-10PM		23 Feral Foraging Noon Nonviolent 7PM Communication	
25 Urban Gardening 10AM Bike Trash Noon Quilt-Quilting 101 1PM Survival Gourmet 6PM Write Write Write! 6PM		26* Relationship as Koan 4-6PM Open-Hearted Warrior 6-8PM beyond belief I 7PM		22 Considering Law School? 7PM		23 Bike Gears * Shifting 11AM KINDERGARTEN 2PM FREE SKOOL FOR FREE KIDS 4-4:30PM	
APR 1 URBAN JEDI 10-11AM Quilt-Quilting 101 1PM Free S Kool/FtHbal 2PM TRASH ORCHESTRA 3PM		2 envisioneering Santa Cruz 4-6PM		29 Considering Law School? 7PM ANTI-VIRUS DIET REGIMEN Bike Brakes 8-10PM		30 Food Not Lawns 2-6PM	
8 Women & Trans 11AM Know Your Rights 1-3PM Free S Kool/FtHbal 2PM Write Write Write! 6PM		9 Otihoohics Anonymous 7PM Consensus 7-10PM Decision-Making		5 Take a walk, throw a rock.		6 Fixed Gear Bikes 11AM-2PM LAUGHTER YOGA 11AM KINDERGARTEN 2PM FREE SKOOL FOR FREE KIDS 4-4:30PM	
15 URBAN JEDI 10AM CITY REPAIR NOON Sewing by Hand 1PM Kite-Making 2-5PM TRASH ORCHESTRA 3PM		16 Relationship as Koan 4-6PM anarchist 6-8PM meditation?		12 Cryptograpy & 3PM Crypto-anarchism Conversation Cafe 6:15PM		13 Food Not Lawns 2-6PM	
22 Women & Trans 11AM The Invasion Noon Quilt-Quilting 202 1PM Sewing by Hand 1PM Write Write Write! 6PM beyond belief II 7PM		23 envisioneering Santa Cruz 4-6PM		19 Tofu Making! 5-8PM PERSIAN CINEMA 7-10PM FINDING YOUR PASSION AND DREAMS 7-9PM R.A.W. MEET 8PM		20 Feral Foraging Noon Survival Gourmet 3PM	
29 URBAN JEDI 10AM STREET STARS 10AM-6PM Dynamo Pillow 1-5PM Free S Kool/FtHbal 2PM TRASH ORCHESTRA 3PM beyond belief II 7PM		30 Empathy 6-8PM		26 Survival Gourmet 6PM ANTI-VIRUS DIET REGIMEN FINDING YOUR PASSION AND DREAMS 7-9PM		27 Food Not Lawns 2-6PM	
6 Women & Trans 11AM RUNNING A FREE SKOOL 11AM-2PM Write Write Write! 6PM		7 Relationship as Koan 4-6PM		3 Japanese tofuu dishes 3-8PM Bike Fitting 8-10PM		4 Feral Foraging Noon	
13 URBAN JEDI 10-11AM Free S Kool/FtHbal 2PM TRASH ORCHESTRA 3PM Women & Trans 11AM		14 envisioneering Santa Cruz 4-6PM Otihoohics Anonymous 7PM		10 THE WAY 4:45PM everything about meditation 6:30-8PM		11 Food Not Lawns 2-6PM	
20 Women & Trans 11AM Free S Kool/FtHbal 2PM Survival Gourmet 6PM Write Write Write! 6PM		21 beyond strategies 6-8PM		17 PERSIAN CINEMA 7-10PM R.A.W. MEET 8PM		18 Feral Foraging Noon BRAZEN SQUARE DANCE 5:30PM	
27 URBAN JEDI 10-11AM FREE SKOOL, POST-APCALYPTIC SURVIVAL WEEKEND		28 Mission Hill Staircase Tour 2PM		24 Intro to Bikes 8PM		25 Food Not Lawns 2-6PM	
		29 Health Pages 5PM		31 ANTI-VIRUS DIET REGIMEN 7PM		26 FREE SKOOL SANTA CRUZ IS A COMPLETELY GRASSROOTS PROJECT. A DECENTRALIZED, SKILL-SHARING NETWORK. A SCHOOL WITHOUT INSTITUTIONAL CONTROL THAT PROMOTES SELF-RELIANCE AND VITAL COMMUNITIES.	
		15 Health Pages 5PM Scanner Skillshare		16 THE WAY 4:45PM everything about meditation 6:30-8PM Secret Laws 7PM Of attraction		19 Fall Creek Walk 9:30-1PM KINDERGARTEN 2PM FREE SKOOL FOR FREE KIDS 4-4:30PM	
		22 Health Pages 5PM		9 THE WAY 4:45PM everything about meditation 6:30-8PM		12 Intro to Bikes 11AM YOYOS AND JUGGLING 2PM	
		29 Health Pages 5PM		15 THE WAY 4:45PM everything about meditation 6:30-8PM COLLAGE WORKSHOP & PARTY 7:30-10PM		28 Edible UGSC 10AM Let Your Body Rebound 10:30AM Bike Hubs 11-2PM Beach Hill Staircase Tour DANCE DANCE REVOLUTION 10!	



Visit the Free Skool Santa Cruz website for calendar updates, recent news, and class reviews.
<http://santacruzreeskool.org>
If you have questions, comments, or suggestions, email us at freeskools@riseup.net

What does the "free" in Free Skool mean?
Free as in Free Speech, free thought, and liberation. We try to keep Free Skool firmly fixed in a gift economy and outside of the stream of commerce. While some teachers may ask for a donation to cover materials, no one is ever turned away for lack of funds.



Why Free Skool?

Free Skool Santa Cruz is a completely grass-roots effort, a bunch of individuals deciding to act collectively and autonomously to create a skill-sharing network, a school without institutional control. Classes are informal, egalitarian, and are held in homes, social spaces, and parks. It is our opportunity to learn from each other and share what we know, to help create self-reliance, vital communities, and beauty in the world.

More than just an opportunity to learn, we see Free Skool as a direct challenge to dominant institutions and hierarchical relationships. Part of creating a new world is resistance to the old one, to the relentless commodification of everything, including learning and the way we relate to each other.

Thanks for participating in Free Skool Santa Cruz. We are all students and we are all teachers here.

We Want You to Teach

If you have a class idea that focuses on self-reliance, community, do-it-yourself culture, and creating a new and beautiful world, propose it to us. For more information, see the teacher section on our website at:

<http://santacruz.freeskool.org>

Summer Quarter runs July 1st to Sep 3rd, and the deadline for teacher's submitting classes is June 10th.

Free Skool Community Picnic

Saturday May 5th kicks off a special Free Skool weekend with our *Free Skool Community Picnic* noon at Ocean View Park. This is our quarterly potluck where students, teachers, organizers, and community member get together to enjoy food, music, and companionship with new and old friends. We have fun, we meet people, we eat, we talk, we have workshops, we play soccer.

Running A Free Skool

The next day, Sunday May 6th, we are hosting our *Running a Free Skool* workshop at noon at the Big Yellow House. It is our opportunity to hear from other free skools, from students, from teachers, and to discuss what we've done right, wrong, or otherwise. We host folks from Free Skools elsewhere to come for the weekend. Hope you can make it!

Free Skool Post-Apocalyptic Survival Weekend



On the holiday weekend of May 26th, we are hosting a role-play and survival skill-share and two-night Free Skool campout all rolled into one. This is an apocalyptic journey into the future - weeks, months after the shit goes down. It is a struggle for your survival and every day and every night is a learning experience in truly living. We will learn how to live with little more than our wits and natural materials. Far from being our enemy, the wilderness is our home and partner for survival. Leave your technology behind and join us.

Your Contribution Is Needed

If you'd like to contribute to this project we'd appreciate your support. Free Skool's only major expense is printing calendars. Please consider donating cash to support our printing costs. Only a dozen people donating \$25 pays for printing calendars, so a little goes a long way. See the **donate** section of the website.

Brazen Square Dance

with Brazen Squaredancers

Reclaim public space and have fun with the Brazen Squaredance Association. Join us for our fourth Brazen Squaredance with rollicking live old-time music and square dance instruction. Let's brazenly squaredance in the streets together! *Requirements:* Bring your dancy-pants energy.

Fri May 18th 5:30pm

Top of River St Garage

brazen@riseup.net

Bonsai Style Container Garden

with Gretchen and Carol

Create a miniature container garden. Do your own research or rely on ours. Search the web on: "The World in Miniature: Container Garden and Dwellings in Eastern Religious Thought" Rolf A. Stein, Stanford University Press. *Requirements:* A container that's four to six inches in depth for your garden, a stone or piece of driftwood for the centerpiece, human/animal figure, some common plants - baby redwood, grasses, pine tree, or succulent. Bring curiosities from every corner of the universe to evoke the emanations of vegetative power.

Sat Apr 21st 1:30-5pm

Felton, contact teacher for location

gudenkauf@yahoo.com

Bike Touring

with Erin and Kyle

Riding bikes is really fun. Camping is also fun. Bike touring is the best of both worlds. Come on Thursday March 15 to talk about where you can go on a bike tour, what you need, and how to pack it on the bike. We will take an overnight trip to a dreamy destination close to Santa Cruz for a weekend. Beginners welcome! Even if you've never thought about riding your bike further than the corner store, you can come on this trip. *Requirements:* If you've never toured before, you must come to the first class in order to come on the weekend trip. You need to have a bike and you must bring your own food for the overnight trip, but other than that, bike touring is free! No parking=no paying.

Thu Mar 15th 8-10pm

Sat/Sun Apr 21st-22nd

Bike Shifting and Gears

with Gregory

Chain skipping? Can't shift into your low gear for the big hill? Your bike shifts gears all the time by itself? Come learn what each of these problems mean, and how to fix them. *Requirements:* None - you don't even need a bike. Donations accepted for use of the space.

Sat Mar 24 11am-2pm

Bicycle Wheels

with Todd

Have a wobble in your wheel? Broken spokes? Just want to build a new wheel altogether? A focused look at the delicate mysteries of the bicycle wheel, and how to fix them when they're out of whack. *Requirements:* None - you don't even need a bike. Donations accepted for use of the space.

Sat Mar 10th 11am-2pm

Bicycle Fitting

with Todd and Jason

Having a bike that fits the dimensions of your body is way important - it can be the difference between riding comfortably and hurting yourself. Come learn what to look for in a new bike, and how to make the one you have fit like a glove. *Requirements:* None - you don't even need a bike. Donations accepted for use of the space.

Thu May 3 8-10pm

Bicycle Brakes

with Erin

Learn how to trouble-shoot squeaky brakes, adjust your brakes for maximum stopping power, or just learn about the different kinds of brakes and how they work. *Requirements:* None - you don't even need a bike. Donations accepted for use of the space.

Thu Mar 29 8pm-10pm

Bicycle Beauty Parlor

with Fox

Your trusty bike deserves to be pampered! Besides, decorating your bicycle is a great way to have fun and protect your bike from theft. Come rock out and personalize your bike using colorful vinyl adhesives for a professional look. *Requirements:* Bring your bike, scissors to cut the vinyl, and any other decorations to share.

Sun Mar 4th 1pm

Beyond Strategies

with Seth

Developing Needs Awareness: Most people are quite accustomed to evaluating strategies based on moralistic judgments such as right/wrong, violent/nonviolent, revolutionary/conformist. In this class, we will explore how to choose strategies that are based on your own bodily wisdom. We'll deepen our awareness of and

connection with our core needs/values/desires. We'll connect with our needs, not as mental ideas, but as a felt sense which we experience in our body. *Recommended:* A basic understanding of Nonviolent Communication.

Mon May 21st 6-8pm

Beyond Beliefs I & II: Religion as a Universal Human Experience 1305 Laurel

with Steve

A discussion of world religions and spirituality, based on a reading but open to other topics and perspectives. We will explore rational criticisms of religious institutions, but focus more on the extraordinary individuals known as saints, sages, prophets, and the like. How do these sages relate to one another, and to the priestly organizations created in their names? And can these figures still provide value to us in this rational, scientific era? *Requirements:* Please contact teacher for reading material. Also, note that this is a two-part class: please come to the first if you plan on coming to the second.

Beyond Belief I: Sun Mar 18th & Mon Mar 26th 7-8:30pm

Beyond Belief II: Sun Apr 22nd & Sun Apr 29th 7-8:30pm

Beach Hill Super-Secret Staircase Tour

with Blaize Wilkinson

This tour uses Frank Norris's description of the Venetian Water Carnival as the beginning, middle, and ending points of a tour of Beach Hill. Topics will include tourism, railroads, trade, and the post-Pearl Harbor exclusion of Japanese and Italians. We begin and end at Depot Park.

Sat Apr 28th 2pm

Ball Bearings and Bicycle Hubs

with Steve

Ball bearings are one of the greatest inventions of our time, and your bike couldn't run without them. Will cover repacking and rebuilding hubs and other ball bearing systems on the bike, as well as an overview of how they work. *Requirements:* None - you don't even need a bike. Donations accepted for use of the space.

Sat Apr 28th from 11am-2pm

Avocado Pit Carving

with Clarice

Avocado pits are a wonderful material for making small carvings, such as buttons, faces, rings, or anything you can think of. They are easily carved with xacto knives and holes can be bored with needles. Think of the possibilities: avocado chess pieces, miniature voodoo dolls, etc. Let's add an extra aspect of adventure and hop the local to Davenport beforehand, and then carve on the beach. *Requirements:* Bring your avocado pits and some fresh avocados to eat, and maybe some rice crackers and hummus to make a snack. Also bring stuff, like x-actos and needles to carve with. *Directions:* If bad weather or we miss the train, meet at the lawn of the red church, under the tree (across from farmer's market parking lot) at 2:00.

Wed Mar 7th 11am

Anti-Virus Diet Regimen

with Robin and Heart

A few simple additions to your diet may help your immune system to eliminate viruses from your body, including HIV, herpes, chronic fatigue, etc. and will also help in maintaining your health. *Requirements:* An open mind to improving your health through probiotic methods. Please email to reserve space and feel free to ask questions about the class.

Last Thu of the month: Mar 29th, Apr 26th and May 31st 7-9pm

Anarchist Meditation and Spirituality? Big Yellow House 742 N. Branciforte Ave

with Seth

As anarchists many of us have challenged the control of the state, schools, our parents, etc. However in this class we'll challenge the control of our mind identified self - the ego or domesticated self. We'll also explore meditation where we throw out all the rules about what meditation is supposed to look like. No rituals, no incense, no gurus, no doctrine just naked awareness.

Mon Apr 16th 6-8pm



Fall Creek Walk **Fall Creek Park in Felton**
with Gretchen gudenkaufg@yahoo.com, 335-3551
After relaxing and releasing muscles and bones with gentle stretches, we'll hike into Fall Creek and have lunch. Wear loose clothing and comfortable shoes. Bring towel or rug for exercise. *Directions:* Fall Creek is in Felton off of Hwy 9. Email for meeting location.
Sat May 19 9:30am-1pm

Everything You Ever Wanted to Know About Meditation (But Were Afraid to Ask)
with Bhaktamrita Swami and Valerie Promise 457-9754 x3760
Too often people give up on meditation because the practice they are doing just isn't right for them. A practical overview of basic meditation types and practices from a variety of traditions designed to facilitate the discovery of ones own best practice. Course will include instruction, history, Q&A, practice session, and group discussion of experience. Bring pillow and wear loose clothes. *Requirements:* Please contact the instructor if you have questions or concerns. *Directions:* Meeting at instructor's home. Please contact instructor for location.
Every Wednesday 6:30-8pm

Envisioneering Santa Cruz **City Hall Courtyard, 809 Center St**
with Valerie Promise and Bhaktamrita Swami 457-9754 x3760
A Santa Cruz Kumbha Mela: Is there more to Santa Cruz than just a motley lot of artists and dreamers, or is it possible that there could be something of significant value for the planet as a whole at this chaotically fertile time? The floor is open to various solutions, spiritual, artistic, ecological, etc. We will help each other strategize small personal action steps to take in the service of creating the world we envision. *Requirements:* A willingness to share your vision and to hear those of others; Paper/pen; your calling card
Mon Mar 12th, Apr 2nd, Apr 23rd, & May 14th 4-6pm

Empathy – Just How You Like It **Sacred Grove 924 Soquel Ave**
with Seth seth@heartfelconnection.com
Empathy is that deep emotional sense of being heard and understood. It is also highly individualistic, which means the more you can voice what you need the better the chance you'll get it. In this class, you'll learn how to take control of your empathic experience and guide your own process. *Recommended:* A basic understanding of Nonviolent Communication.
Mon Apr 30th 6-8pm

Emotional Healing, Connection, and Awareness **Sacred Grove 924 Soquel Ave**
with Seth seth@heartfelconnection.com
This class is an exploration into our emotional selves for those who are ready to let go of holding others responsible for their emotions (blame and judgment) and begin befriending the creatures that dwell in their emotional forest. Bring your compassionate curiosity and what ever creatures dwell inside you, fear, pain, anger, joy, etc. *Requirements:* Contact teacher for optional reading material
Mon Mar 5th 6-8pm

Edible Santa Cruz and UCSC Bike Tours **Bay & High/Lower Quarry**
with Dave and David daveshaw@ucsc.edu
The Edible Santa Cruz Bike Tour will visit back- and front- yard gardens, a community garden, an elementary school Life Lab garden, and farms in often forgotten parts of the city. We will wind up as far east as Ocean St. The Edible UCSC Bike Tour will explore the network of gardens on campus, starting at PICA and the Farm and ending at Oakes. Rain postpones. *Requirements:* Well, ya gotta have a bike. Bring trail snacks, your own lunch and water. *Directions:* Edible Santa Cruz meets at the corner of Bay and High streets near the bike racks. Edible UCSC meets at the UCSC Lower Quarry Parking Lot (next to the bike path).
Sat Apr 14th Edible Santa Cruz 10am to 3pm
Sat Apr 28th Edible UCSC 10am to 3pm

Dream Pillows **South Felton off Hwy 9**
with V Kingsley www.alotoflife.com 251-6578
Quilting for kids 8-15 years. This is a very basic children's quilting class. We'll use squares to make a pillow in which to place our dreams and visions. Please only bring kids who want to come. *Requirements:* Maximum of 8 people per class, so contact teacher to reserve space.
Sun Apr 29th 1-5pm

Dance Dance Revolution 101 **Big Yellow House, 742 N. Branciforte Ave**
with Johnny jhirst@ucsc.edu
Feel like "dancing" to poppy nightclub music but don't have the knack? The Japanese have invented a videogame just for you! Come and practice like the pros on an arcade quality dance mat and a giant video screen. Basic DDR technique and discussion will be included. Wear comfortable shoes and clothing you can sweat in. Bring a towel and leave your dignity at home. "If I can't Dance Dance, I don't want to be part of your Revolution." -Emma Goldman
Sat Mar 3rd & Apr 28th 6-10pm

Cyanotype Print Making **Meet at UCSC Science Hill bus stop**
with Amy and Saff acatlin@ucsc.edu
Cyanotype prints were the first method used to print photographs. Learn the history of these low-tech photo prints and how to make them using minimal equipment. We will mostly be using leaves, but if you have a transparency or some negatives of your favorite photos, bring them! *Requirements:* Bring some paper to print on and some of your favorite leaves
Sat Mar 3rd Noon

Cryptography, Cypherpunks, and Crypto-Anarchism **Café Pergolesi, 418 Cedar**
with Alex chmod000@gmail.com
Although much of the local DIY community focuses on Primitivism, it is important to take a step back and examine the high-tech, digital world that we live in today. As computer technology allows us to communicate and interact with each other over a digital medium, what are the steps that we need to take to ensure that our personal data is kept private? This class will provide an introduction to cryptography, data security, and the crypto-anarchist philosophy. "The laws of mathematics are stronger than the laws of man."
Thu Mar 8th, Apr 12th, and May 10th 3-5pm

Crazy Quilting 101 **South Felton off Hwy 9**
with V Kingsley www.alotoflife.com 251-6578
V Kingsley is a professional quilter who loves to use every last scrap of fabric but isn't fond of straight lines. She thinks art is necessary and should be accessible to all. Bring your own fabric or use V's stash. This class is for beginning to slightly experienced sewers. *Requirements:* Recommended for ages 16+. Maximum of 8 people per class, so contact teacher to reserve space. Quilting 101 is a prerequisite to Quilting 202.
Sun Mar 25th & Sun Apr 1st 1-5pm

Crazy Quilting 202 **South Felton off Hwy 9**
with V Kingsley www.alotoflife.com 251-6578
This is the follow-up class to Crazy Quilting 101 for more advanced sewers. Bring your finished panels from the 101 class to embellish. Bring your own buttons, beads, threads, and broken jewelry or use V's stash. *Requirements:* Maximum of 8 people per class, so contact teacher to reserve space. Quilting 101 is a prerequisite.
Sun Apr 22nd 1-5pm

Conversation Café **Café Pergolesi, 418 Cedar**
with Tessie Kennedy theysay@bigplanet.com 336-2612
Talk with people of all ages, experiences and dreams. Everyone will have a chance to talk without criticism. Conversation topics will be chosen by the group who attend. Email to get on Conversation Café email list.
Thu Mar 8th, Apr 12th, and May 10th 6:15-7:30pm

Considering Law School? **Café Pergolesi, 418 Cedar**
with Marci 336-8430 marciklong@yahoo.com
Have law school questions? Choosing a School? Do you need a Bachelors degree before you start law school? What about the LSAT? What to Expect When you Get There. How to Prepare. How much will it cost? Financial Aid Opportunities *Requirements:* Space is limited, contact teacher to reserve space.
Thu Mar 22nd and Mar 29th 7pm

Consensus Decision-Making **116 Minnie Street**
with Kyle and Ann 419-9902
Consensus decision-making is a process that not only seeks the agreement of most of or all of the participants, but also to resolve the objections of the minority to achieve the most agreeable decision. At its best, it encourages diverse perspectives and is a tool for eliminating hierarchy. This class will be a facilitated discussion, focusing on the history, theory and practice of consensus decision making in co-ops, collectives and other nonhierarchical organizations. We will invite class participants to share, discuss and critique different consensus experiences.
Mon Apr 9th 7-10pm

Collage Workshop & Party **Big Yellow House, 742 N. Branciforte Ave**
with Lee & Wes 408-218-2782 rico@thespoon.com
Learn to make collages in the company of other amazing, creative people at Free Skool Santa Cruz's long-running (and highly social) collage party. Bring snacks and drinks to share. *Requirements:* Bring old magazines, rubber cement, scissors, and snacks to share
Last Wed of each month: Mar 28th, Apr 25th, May 30th 7:30-10pm

City Repair Project Conversations **Live Oak Grange, 1900 17th Ave**
with Dave daveshaw@ucsc.edu
Join us for a Café Conversation about the City Repair Project which involves bringing people together to transform public spaces into community gathering places - a collective process of reclaiming the commons. We will air the film "The City Repair Project: Transforming Space Into Place" (14 min) and are inviting folks from other City Repair projects and the City of Santa Cruz. Let's get together and see what ensues.
Sun Apr 15th Noon-2pm

Yoyos and Juggling and Skill Toys, Oh My! **Louden Nelson Center Park**
with Stu and Sebastian scyoyoclub@baymoon.com 408-218-8009
This is really a teach all, learn all class. This class will consist of a bunch of people standing around, learning new things, and often showing off. We'll practice yoyo, diabolo, ball juggling, hackysack, poi, etc. but feel free to introduce some new skill toy. *Requirements:* If you have any juggling equipment, yoyos, or anything, bring 'em. Be willing to mess up plenty and keep at it.
Sat Mar 10th, Apr 14th, May 12th 2pm-6pm

Write Write Write! **Contact teacher for location**
with Leonie 457-8711
Whatever happened to the art of sitting down and entertaining yourself with a sheet of paper, a pen and the written word? This class will be a way of nurturing ourselves through writing poems, short stories, journal entries, memoirs, rants, fiction and non. We'll write together, read together, look at each others work, discuss what we like and don't like in writing, how we can incorporate what we like and discard the things we don't. *Requirements:* Bring something to write with, something to write on, an open mind and your desire to write. Please call in advance.
Sun Mar 11th, 25th, Apr 8th, 22nd and May 6th, 20th 6-8pm

Women's/Transgender Bike Workshop **The Bike Church**
with Ann, Emilyn and Idit 421-1942
The world of bicycles has traditionally been dominated by men. We say, not for long! This workshop provides a safe space for women and transgendered persons to work on their bikes and learn new skills. Taught by women/queer mechanics. *Requirements:* None – you don't even need a bike. Donations accepted for use of the space.
Alt Sun: Mar 11th, 25th, Apr 8th, Apr 22nd, May 6th, 20th 11am-3pm

Warm your hands with your mind **The Sacred Grove**
with Zack thistownisaghosttown@hellokitty.com
Use your mind, to warm your hands! *Requirements:* Hands, and a mind.
Tue Apr 24th 6pm

Waltz! **Contact teacher for location**
with Steve and Zack Svcahill@aol.com; thistownisaghosttown@hellokitty.com
Learn to waltz! *Requirements:* A desire to waltz, and legs -- or at least a wheelchair or a plegg
Fri Mar 16th 6:30pm

Vocal Voyagers **Live Oak Grange, 1900 17th Ave**
with Glenn 454-6342
A group vocal improv exploration of (mostly) wordless sounding. Toning, freek-funk, jazzy jams, soulful soaring, lovely lullabies, and some sound healing for those in need. Find your own part and blend in as we flow.
Every Wednesday in Mar and Apr 8-10pm

Urban Jedi Devotional Singing **City Hall, 809 Center St**
with Valerie Promise and Bhaktamrita Swami 457-9754 x3760
For all the urban mystics and jedi angels who have escaped organized religion but still revel in the power and joy of songs of praise and thanks. We will (optionally) take turns leading devotional songs from any and every spiritual tradition and musical style, including western classical, gospel, Caribbean, Indian, African, Sufi, Spanish, and Native American sources. Bring instruments, especially percussion, comfortable clothes for dancing, and a recording device so you can relive the experience in the future. Children/families especially welcome.
Every other Sunday starting Mar 4th 10-11am

Urban Gardening **127 Mason St, Off of Bay**
with Clarice and others 429-1204
Hey! There's so many empty spaces on the west side that are either overgrown with lovely weeds or just plain empty. Lets take advantage of these spaces to create small scale experimental gardening spaces. Let's let the land form ideas in our minds and see what grows. *Requirements:* Bring your thoughts and ideas about how to go about this, what you think a good garden needs, your experiences in the past, your hopes for the future, your brains and your beauty. Any influential text materials you might have, and a bike so we can bike around the west side looking at spots.
Sat Mar 10th, Mar 17th, Mar 24th, and Sun Mar 25th 10am

Trash Orchestra **River Street Parking Garage/Pacific Ave**
with Basuristas trash@thespoon.com 408-218-2782
We are a marching percussion band – a bone-shaking recycled orchestra – a superhero sonic force of resistance to be reckoned with. We make percussion on tuned cans, hucbaps and barrels, drums, pieces of sheet metal, and homemade oddities. If you are full of rebellious insolence and music in your heart, we need you to be part of the band. *Requirements:* Bring your courage, your passion, your righteous anger. Bring your instruments, recycled or otherwise.
Every other Sunday starting Mar 4th 3-6pm

Tofu Making! **Contact teacher for location**
with Kai and Jelly-monster lorax.kai@gmail.com
Make home-made tofu. We will serve it Japanese-style (as usual). We will also talk about the tofu culture of Japan. *Requirements:* Please bring a donation to cover cost of material.
Thu Apr 19th 5-8pm

The Way: Tao Te Ching Reading Group
Cedar and Lincoln, under the tree at the center of the Labyrinth
with Wes rico@thespoon.com 335-3109
Each week we will take an analytical and interpretive look at one chapter of the Tao Te Ching. We will look simultaneously at several English translations and try to apply these mystical and idiosyncratic teachings to our lives. My interpretations will tend toward a distinct anarchistic flavor, so be aware of the "teacher's" point of view. *Requirements:* It is suggested you acquire a translation of the Tao Te Ching. Compare several side-by-side and see which one speaks to you. Also, check out the Wikipedia entry on the Tao Te Ching.
Every Wed 4:45pm

The Secret Laws of Attraction **Shangri La Healing Sanctuary 3614 Porter Gulch**
with Kelly Kelly@LanguageofCompassion.com
An interactive workshop on 22 different processes adapted from the work of Ester Hicks in her book "Ask and It Is Given," and the movie "The Secret." We will learn to align our attitude or beliefs with our wants, to develop our power of intention, to focus attention on the positive aspects of any situation or relationship. Use the Law of Attraction to manifest our desires.
Wed May 16th 7-9:30pm

The Meaning of "Life" **Lobby of McHenry Library (UCSC)**
with Fox elalmaperegrina@yahoo.com
Complexity... Simplicity... Sacred geometry... Philosomathematica... Gain deeper understanding of the universe by staring at boxes; it'll be great! *Requirements:* Opposable thumbs
Tue Mar 13th 8pm

The Invasion Is On - Plant Walk **Café Pergolesi & White Raven, Felton**
with Lee
Did you know that non-native invasive species are increasingly threatening California's remaining wildlands, plants, and wildlife? This is an afternoon walking/scrambling tour of what's native and what's not and what you can do to nurture our local bioregion. *Requirements:* Bring good footwear, lunch, and water. We'll be doing some hand removal of invasive plants. Gloves will be provided. Canceled if heavily raining.
Sun Mar 4th meet at Café Pergolesi Noon-4pm
Sun Mar 11th meet at White Raven Noon-4pm
Sun Apr 22nd meet at Café Pergolesi Noon-4pm

Survival Gourmet Healthy Cooking Series **Live Oak (call for address)**
with Carol 464-9137 drword@cruzio.com
3/25 East Indian Meal – curry, rice pilaf, raita, and khir, an Indian rice pudding to die for. 4/26 Healthy Desserts – Satisfy your sweet tooth without wheat or sugar. 5/20 Lunches To Go – save time and money with a week of yummy, healthy, packable meals for work or school. *Requirements:* A good appetite. Call ahead to reserve space, Donation requested to cover groceries and handouts.
Sun Mar 25th 3-6pm Sun May 20th 3-6pm
Thu Apr 26th 6-9pm

Surrealist Urban Exploration **Grant St Park Basketball Courts**
with Bicicleta Bandito pochovilla@yahoo.com
Experience the city unmediated, uncommodified, and unchained via a day-long wandering meditation through the streets, alleys, neighborhoods, and waterways of Santa Cruz. Like the Situationists of the 1960s, we will attempt to revisit urban spaces without preconceptions, embrace our instinctual responses, and reorient our state of mind. Activities may involve running, skipping, dancing, etc. Open your spirit to a world beyond borders, language, and measurable time. Listening and movement will be emphasized, talking minimized. *Requirements:* Notebook, walking/running shoes, water, food, and toys you're willing to carry or destroy on the spot.
Sat Apr 14th 10am into the late afternoon

Stenciling **Church on Woodrow St**
with Stencil Artists stencilartists@yahoo.com
Come and spend an evening with friends, learning and practicing the fine art of stenciling--cutting an image into a template that you can then paint through to replicate that picture and/or text. Silkscreen the Free Skool dandelion or your own designs onto your clothes. *Requirements:* If you have any of the following, bring: X-acto knives, cutting boards, stencilaible images, manila folders or cereal boxes, acrylic paint, temporary spray adhesive, clothes to stencil upon, friends, food. *Directions:* Meet at the church in the Circles, then we'll walk to class location
Tue Mar 20th, Apr 10th, May 8th 7pm



She Came, She Sawed, She Conquered

2370 Paul Minnie Ave
with Kischka and Dale kbluspiro@gmail.com 459-4113
The basics of hand and power tool use for women and girls. Conquer your fears of tools in this hands-on class. Learn how to safely and effectively use hand and power tools in a supportive and non-intimidating environment. We'll have a variety of tools available, or bring any you might own but not be sure about using. Taught by Kischka and her dad, who taught her how to use tools. **Requirements:** Open to all women and girls (girls under 14 should come with an adult.)
Sat Apr 14th 1-3pm

Skillshare

Live Oak Grange, 1900 17th Ave
with Dave daveshaw@ucsc.edu
Got skills? Want some? Bring a skill to share, or just come to learn. Please contact me if you want to participate in setting up the event, or if you know what you'll be sharing and are willing to have it advertised on a flyer.
Sun Apr 29th 10am-6pm

Sewing By Hand Party

Café Pergolesi, 418 Cedar
with Laura lauralongenecker@gmail.com, 858-342-0513
Learn to sew! Learn the basics of sewing by hand or improve on skills you already have. Learn new stitches, mending techniques, and embroidery techniques. Mend old clothes, make new fun stuff, and make stuff you already have look cooler with DIY alterations. Share ideas with other creative people. All levels welcome. **Requirements:** Bring your sewing stuff, projects you are working on, or any clothing you want to mend. Materials can be provided.
Sun Mar 11th, Mar 25th, Apr 15th, Apr 22nd 1-3pm

Running a Free Skool

Big Yellow House, 742 N. Branciforte Ave
with Free Skool Teachers & Organizers 335-3109 freeskooldsc@riseup.net
Learn about how to make a Free Skool happen, how to keep it going, and our ongoing lessons. Get info on how to get involved. We invite folks from other Free Skools to share their experiences. Bring snackies to share and a willingness to ask questions and make suggestions.
Sun May 6th 11am-2pm

Resisting the Police State: Scanner Skillshare

Sacred Grove, 924 Soquel Ave
with Me and You scanner@riseup.net
Scanners are devices that can pick up police and other radio wave communications. Dust off your scanner and bring it up to the class to share what you know about local police and emergency frequencies. Keep track of those that wish to control us, monitor and learn from their communications via the airwaves. **Requirements:** No scanner needed. Learn and share what you know now.
Tue May 15th 7pm

Resisting the Police State: Know Your Rights

O'Neill Plaza, Cooper & Pacific
with Wes and Jason security@thespoon.com
Keep yourself safe from police repression. Know your "rights" before you find yourself in hot water. We will cover detentions, arrest, searches, interrogation, jail, warrants, and police infiltration. Learn the phrase "I'm going to remain silent and I would like to see a lawyer."
Sun Apr 8th 1-3pm

Relationship as Koan, Lover as Guru

City Hall, 809 Center St
with Valerie Promise and Bhaktamrita Swami 457-9754 x3760
Do you notice patterns in your relationships? Do you keep attracting a certain kind of partner regardless of your intentions to the contrary? This class looks at the intimate relationship--or the wish for one--as a vehicle for spiritual transformation, a spiritual practice in its own right. Wherever you are in the current relationship, or lack of one, is the perfect place to start. **Requirements:** Not necessary to be currently in a relationship; not necessary to bring your partner; Sense of humor. Suggest that you bring a journal/pen.
Mon Mar 5th, 26th, Apr 16th, May 7th 4-6 pm

R.A.W. Meet

The Snail House, downtown Felton
with David & Sarah thesnailhouse@gmail.com
Reading and discussion group focusing on the work of Robert Anton Wilson. **Requirements:** If you have a copy, please bring Prometheus Rising. **Directions:** Across from New Leaf
3rd Thursday of each month: Mar 15th, Apr 19th, May 17th 8pm

Persian Cinema

Big Yellow House, 742 N Branciforte Ave
with Maryam and Change maryamk88@sbcglobal.net
Come learn about Iran through 3 different Iranian films. We will spend an hour discussing and up to two hours watching a film. Bring materials to share.
Thu Mar 8th, Apr 19th, May 17th 7-10pm

Open Relationships for Beginners and Beyond

Shangri La Healing Sanctuary, 3614 Porter Gulch Aptos
with Kelly Kelly@LanguageofCompassion.com
Unlike the old paradigm of sacrificing one's own needs to buy the love of another, open relationships are about egalitarian spiritual-growth-oriented partnerships,
Sat Apr 7th 11am

with meaningful deep commitment and exciting honest intimacy. Bring your relationship or your dream for a relationship and we will learn NVC skills for creating your own designer relationship. We will also talk about and possibly create the beginnings of a circle of friends to support you in your relationships. **Requirements:** Contact teacher for reading list.
Thu Apr 26th 7-9:30pm

Open hearted Warrior

Big Yellow House 742 N. Branciforte Ave.
with Seth seth@heartfeltconnection.com
In this class we'll explore what it means to keep our hearts open in the face of such horrific pain, suffering, and destruction in the world. There will be a brief introductory talk followed by an emotionally connected exploration of our hearts. We'll try to hold the full complexity of our experiences from the anger and rage to the passion and joy.
Mon Mar 26th 6-8pm

Oilaholics Anonymous

Café Pergolesi, 418 Cedar
with Bill 335-3610
Workshop and support group on how to break your addiction to oil, gasoline, and other fossil fuels. **Directions:** I'll be wearing a green cap.
2nd Mon of each month: Mar 12th, Apr 8th, May 14th 7pm

Nonviolent Communication Shangri La Healing Sanctuary 3614 Porter Gulch Aptos

with Kelly kelly@languageofcompassion.com
Imagine interacting with others in a way that allows everyone's needs to be equally valued. NVC guides us to reframe how we express ourselves, how we hear others and resolve conflicts by focusing our consciousness on what we are observing, feeling, needing, and requesting. Get all your freedom and closeness needs met!
Fri Mar 23rd 7-9:30pm

My Mother is a Fish

Big Yellow House 742 N Branciforte Ave
with Johnny jhirst@ucsc.edu
This class will be a detailed group reading of William Faulkner's novel, *As I Lay Dying*. This book presents 15 narrators in 59 chapters including the narration of a corpse. Discussion will be free form and all perspectives and contributions are heartily welcomed. **Requirements:** The Vintage corrected edition of *As I Lay Dying* is preferred. Read the first half of the novel before the first class and the second half before the second class. Bring bourbon to share for a more authentic reading.
Sat Apr 21st & May 5th 7-9pm

Mosaic: You Break It, You Make It

2370 Paul Minnie Ave
with Julie jbluspiro@gmail.com
Learn basic mosaic designs and construction in this 2 day class. Each participant will construct one design piece (stepping stone or wall hanging), or participants may bring items to mosaic (small terra cotta pot, picture frame, wooden plaque, etc). Bring colorful tiles, plates, shells, stones, wood, or any other item to decorate with, or share.
Sat/Sun May 5th and 6th 11-2pm

Mission Hill Super-Secret Staircase Tour

Town Clock
with Blaize stblaize@gmail.com
Join me for a two-hour historical and experiential walking tour of Mission Hill. We begin at the Town Clock and end at the memorial trees of the lower playing field at Santa Cruz High School.
Mon May 28th 2pm

Make Stuff & Have Fun With Bike Trash

El Rio Trailer Park, 2120 N. Pacific #35
with Bike Trash Betty 457-8751
Come learn the fine art of making cool stuff out of bike trash. How about a bracelet, a choker, a belt, a dog collar or a guitar strap? Bike trash is versatile and fun to work with. Come join us for a day of greasy getting down. **Requirements:** Materials will be provided but if you can please bring any of the following: old bike tubes, old bike chain (preferably already cleaned), old toothbrushes, custrusolve type degreaser, scissors, especially appreciated are chain breakers... last time, materials were the limiting factor.
Sun Mar 4th, Mar 25th Noon

Local History Office Hours

Downtown Public Library
with Blaize stblaize@gmail.com
Have you ever wanted to find out about socialism in Santa Cruz, or water rights, or railroads, or the house you live in? We can arrange to meet in the Californiana Room of the public library, and I'll orient you to the resources available for researching local history. Then you can do research and give a tour, because we need more tours. **By appointment**

Laughter Yoga

Westside Farmer's Market off Western
with Serenity Rain paintedrain13@yahoo.co.uk
This class will focus on the dynamics of lovely laughter, how to laugh as a practice and will generate positive vibrations in and throughout the laughers' and farmers' market.
Sat Apr 7th 11am



Let your Body Rebound

Felton, contact teacher for location
with Gretchen gudenkauf@yahoo.com
Protect your human flexibility and functionality and counteract long periods of sitting and repetitive strain at work. We will address the office environment and solutions. Using several different techniques, we'll play around in the kinder garden of organic ways to let our body rebound from working our asses off. Wear loose clothing and bring a beach towel or rug.
Sat Apr 28th 10:30am-1pm

Kite Making & Flying

Bike Church, 703 Pacific Ave
with Bicycle Bandit & Kava becausepeoplematter@yahoo.com
It's a bird! It's a plane! It's a kite! Come learn how to make a kite using easily found materials. Feel free to bring your own brown paper bags, crayons and markers, and something to put on the tail, or use materials provided. 1st half of class we'll create and decorate; 2nd half we'll fly! Harness the wind and decorate the sky! **Requirements:** \$2 materials donation requested, no one turned away for lack of funds.
Sun Apr 15th 2-5pm

Kindergarten: Multi-Generational, Multi-Faceted, Multi-Cultural City Hall Courtyard, 809 Center St

with Valerie Promise and Bhaktamrita Swami 457-9754 x3760
Reclaim your youthful exuberance --let your inner child out for some well-deserved play time with paints, crafts, music, movement, games, snacks and "circle time." Feel free to bring craft materials, musical instruments, costumes, toys, blankies, etc. Intended for children age 3-100 yrs; families especially welcome. **Requirements:** Please be toilet-trained and housebroken, regardless of age, or bring a grown-up to clean up after you. Also, a journal is always handy, but not required.
Sat Mar 10th, 24th, Apr 7th, 21st, May 5th, 19th 2-4pm

Japanese Tofu Dishes and Heiwa

Contact teacher for location
with Kai and Jelly-monster lorax.kai@gmail.com
We will make different Japanese dishes with tofu. Tofu is an essential part of the Japanese diet. We will approach tofu not as a meat-substitute but as an essential part of a meal. We will also discuss what heiwa (peace) means in Japan including the Japanese constitution. **Requirements:** Please bring a few \$\$ for ingredients
Thu May 3rd 5-8pm

Intro to Bikes

Bike Church, 703 Pacific Ave
with Bike Church mechanics 425-BIKE
An intro to bikes, bike maintenance, and the Bike Church. A practical overview of the bicycle, from brakes to shifting to proper tool usage. Also a useful introduction to our shop for newcomers. **Requirements:** None -- you don't even need a bike. Donations accepted for use of the space.
Thu Mar 1st 8-10pm **Sat May 12th 11am-2pm**
Thu Apr 12th 8-10pm **Thu May 24th 8-10pm**

Health Pages

First Meeting at Café Bene, 1101 Cedar St
with Daisy & Donald myotherknifeisinyourback@gmail.com
Weekly zine readings and discussions focusing on different topics related to health and healthy communities. Topics include fertility awareness, healthy sexual relationships, support around intimate and/or sexual violence, gender dynamics and much more! **Requirements:** We will provide weekly zine readings for the course, just bring ideas! Email with questions and/or other topic ideas. **Directions:** First Meeting at Café Bene, corner of Cedar and Union with location subject to change after first meeting
Every Tue Beginning Mar 20th 5-7pm

FreeSkool for Free Kids

City Hall Courtyard, 809 Center St
with Valerie Promise and Bhaktamrita Swami 457-9754 x3760
A discussion group for families who are interested in having a homeschooling collective organized along FreeSkool principles, and that meets state homeschooling program requirements. The Multi-Generational, Multi-Faceted, Multi-Cultural Kindergarten class offered earlier on all of the same Saturdays, is a demo of the pedagogy of the proposed skool. **Requirements:** Please attend at least one of our "kindergarten" classes. Paper/pen if you have them.
Sat Mar 10th, 24th, Apr 7th, 21st, May 5th, 19th 4-4:30pm

Free Skool Post-Apocalyptic Survival Weekend

Kresge Bus Stop, UCSC
with The Woodrat Crew woodratcrew@riseup.net
An entire weekend of envisioning, nay, creating our future. Role-playing and survival skill-share and two-night Free Skool campout all rolled into one. This is an apocalyptic journey into the future, weeks, months after the shit goes down. It is a struggle for your survival and every day and every night is a learning experience in truly living. We will learn how to live with little more than our wits and natural materials. Far from being our enemy, the wilderness is our home and partner for survival. We'll focus on building a dry, warm, comfortable shelter out of natural debris. Together we'll learn about local springtime foods on wild food gathering explorations, enjoy foraged feasts, and tell stories of our survival

around a warm fire. We'll live some of the wildest most real nights of our lives in dreamy sleepovers. Will we learn to make fire? We will skin and dress an animal? Will we ever return from the wilderness? Join us and find out. **Requirements:** Leave your plans and your technology at home. We are dead serious about this. Bring warm clothes, a wool blanket, a candle, some food to share, and your wild self -- only what you carry on your back and in your heart. Come mentally prepared to spend two nights that will change your life.
Sat/Sun May 26th-27th 9am

Free Skool Fútbol (Soccer)

San Lorenzo Park
Futbol is often referred to as the "people's sport" due to its simplicity in materials required (a ball) and its global popularity. It offers social networking and friendship building, while also being good exercise. In this spirit, all people are welcome to come to our weekly pick-up games. Bring friends!
Sundays starting in Apr 2pm

Free Skool Community Picnic

Ocean View Park, 102 Ocean View Ave
with Free Skool Teachers & Organizers 335-3109 freeskooldsc@riseup.net
Come play with us in the park. Students, teachers, organizers, community members, friends new and old. Bring food to share and stuff to play with. There'll be music, workshops/skill-sharing, some disorganized frolicking and games. Meet Free Skool folks and get involved for next quarter.
Sat May 5th Noon-4pm

Free for All

Ocean View Park, 102 Ocean View Ave
with Oscar the Grouch myotherknifeisinyourback@gmail.com
Think of it as a giant free box in the park. Bring your old extra clothes, toys, books, art... whatever and give them to your friends. We'll offer things we don't want and don't use so other people can take what they want and can use. It's really really free trade. No mediation. Bring everything and take anything. Bring food for potluck and games to play. **Requirements:** Please be prepared to take away anything you brought that no one wanted so we're not stuck with an unwanted mess.
Sun Mar 11th 11am-4pm

Food Not Lawns

1145 Laurel St and other locations
with Dave daveshaw@ucsc.edu
Grassroots Food Not Lawns projects are loosely affiliated clusters of gardeners that have sprung up all over. The first class will be a potluck and brainstorm session where we discuss what we want to do with the quarter. We have ideas (such as starting gardens, rejuvenating fallow gardens, showing successful gardening projects, and teaching basic horticultural skills and permaculture) and are interested in hearing yours. Bring your favorite seeds to share with your community for a seed swap at the first class. **Requirements:** Please contact the facilitators if you have any tools or comments. **Directions:** The first class is at 1145 Laurel St. We will meet at other locations for the rest of the quarter.
First session: Fri Mar 2nd 5-7:30pm
Other sessions: Every other Fri 2-6pm



Fixed-Gear Bicycles

Bike Church, 703 Pacific Ave
with Marcello 425-BIKE
Discover the age-old joy of the fixie. You'll never be the same again. Will cover chain line, gear ratios, and installing front brakes. Also -- just what the hell are these things all about? **Requirements:** None -- you don't even need a bike. Donations accepted for use of the space.
Sat Apr 7th 11am-2pm

Finding Your Passion to Power Your Dream

Sunflower Fields of Well Being 131D Front Street in the Mill
with Ed Borowiec edborowiec@earthlink.net 335-3785
Finding your passion to power your dream. Why live someone else's dream when you can live your own? Learn how to find your passion and a dream for your life that is totally you. **Requirements:** All you need to bring is yourself, and your desire to know more about you. Bring a notebook and a pen. Email to indicate which session you will be attending.
Thu Mar 15th, Apr 19th, May 10th 7-9pm

Feral Foraging

Henry Cowell and Various Wild Places
with Ferocious Ferret feralforagesc@riseup.net
As spring comes to the land and an abundance of new greenery grows from the earth, we continue exploring the wild and feral (and sub)urban lands of Santa Cruz. We'll adventure through forests and fields and floodplains, gather and prepare all manner of seasonal wild foods, and reconnect to the vibrant life all around us. **Requirements:** If you have them, bring your own foraging knowledge, stories, books, and lore. Baskets and other containers, digging sticks, and knives are always useful. **Directions:** First class Henry Cowell, Graham Hill entrance. Class locations (and possibly times of day) will vary from class to class, contact teachers for details.
Every other Fri starting Mar 9 Noon and other times of day

