

DOOHICKEY PROJECT

WORKSHOPS

ANATOMY AND SELF-EXAMINATION

An overview of external and internal sexual and reproductive organs, with a focus on the redefining of the clitoris.

An option of guided cervical self-exams if time and space permit.

PHYSIOLOGY OF MENSTRUATION AND FERTILITY CYCLES

a playful rundown of the menstrual cycle, the hormones involved and basic fertility signs.

FACILITATED DISCUSSION ON ABORTION OPTIONS

the workshops and discussions will change to meet the desires of those attending and participating

The Doohickey Project is a few friends struggling to reclaim knowledge and control over our bodies. We are not doctors. We are not experts. We have been studying reproductive health through herbal school and personal experience. We believe that sharing information and supporting each other is an empowering way to grow and learn. We have been on a cross-country tour to open a forum to discuss menstrual cycles, abortion options, and sexual health.

THURSDAY
DECEMBER 14th from 5:30-9pm
515 BROADWAY, SANTA CRUZ
@ RESOURCE CENTER FOR NONVIOLENCE
831.423.1626

Online at: www.DoohickeyProject.org

Disclaimer.... We wish to (re)emphasize that one focus of the tour is on abortion options. If this is something that you are fundamentally opposed to, you might want to consider not coming. We are making no attempts to change your opinion on that matter and expect the same courtesy from others. This will not be

a forum for discussing the ethics of abortion. This will be a safer space for people of color, transgendered people and those who have had abortions. If you compromise their or others' safety and comfort, you will be asked to leave.